"For each year of extension after the 3 years period in which you needed to finish your certification process, you need 6 hours extra from supervision or ISST recognized workshops. So, January 2022 would be the date when you needed to finish – so 6 extra hours for 2022 and if you apply at some point this year, you would need another 6 extra hours. It depends when you apply."

In the policy there is no mentioning regarding reasons for extension. Extension can be done if you have 6 CPD credits for each year of extension and, in this regard, if you take a 2 days workshop with an ISST accredited trainer – you get for example 16 CPD hours or 12 (depends of the number of hours per day), which is at least 2 years of CPD in one go. These credits are not very hard to achieve. For the conference for example (which is 3 days), we offer 24 CPD.