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Dear Members of the ISST Community,

I am very pleased to announce that the newly revised and expanded ISST Schema Therapy Case Conceptualization Form is completed and ready for use.

This form is a major development in Schema Therapy Training and clinical practice. It will help clinicians provide a thorough Case Conceptualization that will increase our understanding of the patients from a Schema and Mode perspective. The improved quality of the new Case Conceptualization form will aid in the selection and judicious use of schema therapy intervention strategies.

Case conceptualization has a central place in schema therapy. We therefore need to ensure that Schema Therapy Trainees are able to demonstrate a deep and thorough understanding of the patients they treat. We recommend that the new Case Conceptualization form be used as a training tool. In addition for trainees applying for certification, it will need to be submitted with the session recording for evaluation. This will be mandatory from September 1st 2018. However, we recommend that applicants make use of it before that. From September 1st 2018, the evaluator who is rating the submitted recording, will also rate the Case Conceptualisation form using a scale that will be released shortly. Applicants will need to pass on both aspects: the session recording and the case conceptualization.

Three documents are provided.

1. The new ST Case Conceptualization Form into which all the information can be entered. Although the form can be printed and information written in, we recommend that trainees type the information into the document on a computer.
2. An Instruction Guide which elaborates on the type of information or analysis being asked for in each section.
3. An Example of a ST Case Conceptualization that is already filled out to provide further more specific guidance on how to complete the new form.

At this stage, the form is only available in English and we realize that translating the forms will be a laborious process. However, we are planning to have translations available soon.

We encourage ISST certified trainers to introduce this new ST Case Conceptualization form to trainees working with them immediately. It should be formally included in training programs

from March 2018. It will be the required Case Conceptualization Form for all ISST Trainees applying for certification from September 1st, 2018.

Finally, I would like to extend the deepest gratitude to the Case Conceptualization Committee: Jeff Young, David Edwards, Vartouhi Ohanian, Poul Perris, Susanne Vind & Jeff Conway. They have worked tirelessly for over 2 years developing this form, which included the execution of a Case Conceptualization Pilot Study that many of you participated in during early 2016.

On behalf of the Case conceptualization committee: Jeffrey Young, Jeff Conway, Vartouhi Ohanian, Poul Perris, Susan Vind, David Edwards

With best wishes,

A handwritten signature in black ink, appearing to read "Joan".

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